Program Outcomes

BASc Exercise Science: Program Objectives for Assessment

CYCLE ONE:  
Fall 2010-Spring 2011*
Fall 2011-Spring 2012*

CYCLE TWO:  
Fall 2012-Spring 2013**
Fall 2013-Spring 2014**
Fall 2014-Spring 2015**

- Describe and explain the principles, theories, and content from the exercise science domains: exercise physiology, biomechanics, motor behavior, and nutrition.

- Apply principles, theories, and content from the exercise science subdomains: exercise physiology, biomechanics, motor behavior, and nutrition in laboratory activities and/or projects.

- Demonstrate how personal and professional decision-making is influenced by scientific knowledge from the exercise science subdomains: exercise physiology, biomechanics, motor behavior, and nutrition.

- Demonstrate ability to use technology associated with the exercise science subdomains: exercise physiology, biomechanics, motor behavior, and nutrition.

- Plan, implement, evaluate, report and revise physical activity and/or exercise interventions in clinical, health-related, and training environments.